

D750

SAVE \$100

With 24-120mm VR

2999⁸⁸

Body only

2249⁸⁸

IT'S BACK!

Nikon

FX FULL FRAME SALES EVENT

From March 4 - 31

Don't Delay

Prices to increase in APRIL 1

D610

SAVE \$100

Body Only

1599⁸⁸

Largest Selection of New & Used Photo Gear in Western Canada

KERRISDALE CAMERAS

WWW.KERRISDALECAMERAS.COM

Visit us online or in-store for more deals

VANCOUVER | WEST VANCOUVER | NORTH VANCOUVER | BURNABY | RICHMOND | VICTORIA | COQUITLAM | LANGLEY

Vancouver metro

Easter recipes:
Including a controversial one

metroLIFE

Your essential daily news | WEDNESDAY, MARCH 9, 2016

High 11°C/Low 8°C Rain



JENNIFER GAUTHIER/METRO FILE

ONE IN EIGHT EMPTY

City wants to fill its condos with people **metroNEWS**

'A public health concern, for sure'

SAFETY

Legislature water five times over limit of lead: MLA



Matt Kieltyka
Metro | Vancouver

The water in an office in the British Columbia legislature contains more than five times the safe limit of lead, one MLA says.

Delta South MLA Vicki Huntington recently had the water in her Victoria office and neighbouring washroom tested after staff complained about a metallic taste.

To her shock, testing showed the water from her office contained 55.4 micrograms per litre of lead, which is approximately five and a half times more than the maximum allowable concentration set out in provincial and federal safety standards.

Now Huntington, an independent, is calling on immediate action and wants government to step up testing at other older public buildings, especially after elevated levels of lead was found in the drinking

water of four Prince Rupert-area schools earlier this year.

"My concern is for the health of the employees in the (legislature) and all other public buildings," said Huntington, after going public with the privately-commissioned test results Tuesday. "This is a public health concern, for sure."

Provincial health officer Dr. Perry Kendall told Metro that lead contamination in older public buildings is a long-standing issue.

It wasn't until 1989 that plumbing codes were changed to prevent the use of lead pipes, and that all health authorities should have stringent testing and flushing protocols in place at public buildings with outdated pipes or those without proper filters installed.

Construction of the B.C. parliament buildings began in 1893.

He said he wasn't surprised by Huntington's findings, but cautioned that the findings alone don't necessarily mean employee's health has been put at risk.

Elevated levels of lead are expected in piping that is not often used, or has been inactive over the weekend, but a quick flush of the system on a Monday would make the water safe to consume.

VFS

30TH ANNIVERSARY SCHOLARSHIP

FOR MAY + JUNE START DATES

CARPE DIEM!

VANCOUVER FILM SCHOOL OPEN HOUSE

VANCOUVER, MARCH 19

Save your seat at VFS.EDU/METRO

The new smart fortwo.

FOR

more fun on
less funds.



>> The new 2016 smart fortwo.

The urban original is more fun,
and more responsive than ever.
Hurry in, offer ends soon.

The new 2016 smart fortwo pure. Total price starts at \$19,555*

Payments from	With	Lease APR*	Plus
\$199	\$5,627	2.9%	3 months
monthly*	down*	for 45 months	payments waived ¹

** License, insurance, registration, options & taxes extra.

smart - a Daimler brand

1-855-586-4491

vancouver.thesmart.ca

smart Centre Vancouver
550 Terminal Avenue
Vancouver
D#6276

smart Centre Boundary
3550 Lougheed Highway
Vancouver
D#6279

smart Centre North Shore
1375 Marine Drive
North Vancouver
D#6277

smart Centre Richmond
5691 Parkwood Way
Richmond
D#6278

smart Centre Surrey
15508-104 Avenue
Surrey
D#11013

©2016 smart Canada, a Division of Mercedes-Benz Canada Inc. Model shown is a 2016 smart fortwo coupe. *Total price for the 2016 smart fortwo coupe is \$19,555, which includes an MSRP of \$17,300 plus freight/PDI of \$1,495, dealer admin fee of \$595, air-conditioning levy of \$100, PPSA up to \$45 and a \$20.00 fee covering EHF tires, filters and batteries. Lease offer based on the 2016 smart fortwo pure coupe (Stock #1696203). Lease example based on \$199 (excluding taxes) per month for 45 months. Due on delivery includes down payment or equivalent trade of \$5,627, plus first month lease payment, security deposit, and applicable fees and taxes. Lease APR of 2.9% applies. Total cost of borrowing is \$1,258, total obligation is \$16,332. 12,000 km/year allowance (\$0.20/km for excess kilometres applies). Lease offer is available only through Mercedes-Benz Financial Services on approved credit for a limited time. ¹First, second and third month payment waiver are capped for the 2016 smart fortwo coupe up to a total of \$250 (including taxes) for lease programs. **Vehicle license, insurance, and registration, options and taxes are extra. Offer may change without notice and cannot be combined with any other offers. Dealer may lease, finance, or sell for less. See your Vancouver Retail Group smart Centre for details or call smart Vancouver Customer Relations at 1-855-586-4491. Offer valid on vehicles delivered on or before March 31, 2016.

The physical toll of space travel

SCIENCE

B.C. researcher studying effects of long-term weightlessness



Thandi Fletcher
Metro | Vancouver

A Simon Fraser University researcher is taking an upside-down approach to better understand the impact of long-term space flight on the human body.

Andrew Blaber, who teaches kinesiology, and his team will monitor 20 test subjects who will spend the next two months completely bedridden with their heads below their feet at a slight inverted, six-degree angle — a state that is meant to mimic the effects of space flight.

The participants will carry out all their daily activities in bed, from reading and eating to washroom breaks and showering, while scientists study their physiology to determine how space flight affects astronauts on their return to Earth.

"It's a lot to ask, but it is a shorter period than Scott Kelly spent in weightless conditions," Blaber told Metro, referring to the NASA astronaut who just returned to Earth after 340 days on the International Space Station.

"At the end of the study, we should see all the same symptoms we'll see with astronauts.



Ground personnel help International Space Station (ISS) crew member Scott Kelly of the U.S. to get out of the Soyuz TMA-18M space capsule after landing near the town of Dzhezkazgan, Kazakhstan, on March 2. U.S. astronaut Scott Kelly and Russian cosmonaut Mikhail Kornienko returned to Earth after spending almost a year in space. KIRILL KUDRYAVTSEV/AFP/GETTY IMAGES

They'll have a hard time standing up and they'll have posture problems."

Blaber will be studying the link between the cardiovascular system and the system in charge of controlling the body's posture, with the goal of helping astronauts become bet-

ter prepared for spending extended periods in outer space.

When people are weightless, Blaber said the link between the cardiovascular system and posture system appears to fail and the two "drift apart."

His team will be studying how the link is affected by

space flight, as well as how the body recovers once astronauts return to earth.

"We can use that to develop exercises that the astronauts can do on the space stations to try to minimize that effect," he said.

"We can also design an ex-

ercise they can do to prepare them for coming back and to improve the rehabilitation process."

The research will benefit more than just astronauts.

For patients who are bedridden for long periods of time, Blaber said the research may

“

We can use that to develop exercises that the astronauts can do on the space stations to try to minimize that effect.

Andrew Blaber

offer exercises that can help them in their recovery.

Many of the physiological changes astronauts experience in space are similar to the aging process, he said.

"It'll give us new clues on what's happening in the aging process," he said.

"We can then come up with exercises that we can recommend people do to improve their active health for a longer period of time."

The study is scheduled to begin in September and will take place in a specialized facility in France.

Blaber is carrying out his research with a grant from the Canadian Space Agency.

Researchers at the University of Ottawa are also studying the test subjects to learn more about how muscles respond to long periods of little to no activity, like when they don't have gravity to fight against.

Meanwhile, University of B.C. psychology professor Peter Suedfeld is studying the psychological impact of isolation on astronauts and others living or working in remote locations.

WITH FILES FROM THE CANADIAN PRESS

You want a better life. Job satisfaction. Financial security. Respect. You want to help others.

Administrative Careers in Hospitals

Nursing Unit Clerk Nursing Unit Clerks are the coordinators of patient care departments. The average wage for Stenberg grads is \$21.40/hr. plus 12.2% in lieu of benefits.

Hospital Support Specialist Train to work as an Admitting/Registration Clerk; Health Records Clerk, Diagnostic Imaging Clerk; Hospital Switchboard Operator, Medical Secretary and more. Entry level wages from \$18.16 - \$21/hr.

Medical Office Assistant Train to work in doctor's offices, walk-in clinics, billing and medical insurance companies, and other healthcare organizations.



STENBERG COLLEGE

604-580-2772 • stenbergcollege.com

You are invited to an INFORMATION SESSION

**Wednesday, March 9th, 2016
7:00 pm – 9:00 pm**

Stenberg College
Suite 750-13450 102nd Ave, Surrey
(Central City Tower)

All attendees will receive \$250 bursary

Please RSVP to
rsvp@stenbergcollege.com or by tel: 604-634-0384

One in 8 condos empty: Report

HOUSING

City grappling with how to convince owners to rent



Emily Jackson
Metro | Vancouver

Nearly 10,000 condos — one in eight — sit empty in Vancouver, according to a city investigation into vacant housing, a phenomenon that's often blamed for hurting affordability and sucking the life out of neighbourhoods.

The finding, contained in a report released Tuesday based on an analysis of B.C. Hydro smart meter data from 2002 to 2014, leaves the city grappling with how to convince owners to rent their condos in a market where rental vacancy rates hover near zero.

But the report also quashed speculation that empty homes are largely responsible for Vancouver's affordability woes, as the city's overall vacancy rate has remained stable at 4.8 per



Condo towers are shrouded in dense fog as a woman runs along the seawall in downtown Vancouver. DARRYL DYCK/THE CANADIAN PRESS

cent over the past decade despite skyrocketing real estate prices.

Still, the vacancy rate for condos hits 12.5 per cent compared to one per cent for single-family homes and duplexes, according to the analysis by local company Ecotagious. Of the estimated

10,800 vacant housing units, 9,750 are condos, 950 are single-family houses or duplexes and only 125 are rowhouses. The vacancy rate for purpose-built rental apartments is around zero.

Units were defined as non-



It's unacceptable that so many homes are left empty at a time so many of our residents are struggling to find appropriate housing. Mayor Gregor Robertson

occupied for 12 months if they were vacant for August, September and the following June and July. (Energy use data is not reliable during winter months because many units are automatically heated.) The data does not include basement suites and, since it was anonymous, does not lend any insight into why homes are vacant.

While the overall rate of empty homes is comparable to Metro Vancouver and other Canadian cities, Mayor Gregor Robertson said it's a problem because of Vancouver's acute affordability problems and low rental vacancy rates.

"It's unacceptable that so many homes are left empty at a time so many of our residents are struggling to find appropriate housing," Robertson said.

Robertson and council will ask the province for the legal tools to track property ownership and ensure occupation of vacant units. They also directed staff to investigate ways to convince owners to rent their condos, be it through taxation or incentives, and to increase the supply of units people actually live in, such as apartments and townhouses.

TONIGHT

TO STOP THE ENEMY, SHE MUST GET CLOSER TO HIM.

X-COMPANY ALL-NEW EPISODE at 9

GET THE FOCUS MOST SHOPPERS BUY.* THE ONE WITH ALL OF THIS:

- 2.0L Engine
- 160 Horsepower
- Automatic Transmission
- SYNC® Enhanced Voice Recognition^
- Rear View Camera
- 16" Aluminum Wheels
- Air Conditioning



LEASE THE 2016 FOCUS SE SEDAN OR HATCH

\$98[†]	0.79%	60	\$1,395
EVERY 2 WEEKS	APR	MONTHS	DOWN

OFFER INCLUDES \$800 LEASE CASH WHEN FINANCED THROUGH FORD CREDIT AND \$1,700 FREIGHT AND AIR TAX.



IT'S **EASY** TO
GET INTO A **FORD**

Shop now at findyourford.ca or drop by your BC Ford Store.



Go Further



Available in most new
Ford vehicles with 6-month
pre-paid subscription.

Oh hey, you're looking for the legal, right? Take a look, here it is: Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. Dealer order or transfer may be required as inventory may vary by dealer. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible in-warehouse Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/SPC or Daily Rental Incentives, the Commercial Uplift Program or the Commercial Fleet Incentive Program (CFIP). *Until March 31, 2016, lease a new 2016 Focus SE Automatic Sedan or Hatch and get as low as 0.79% lease annual percentage rate (APR) financing for up to 60 months on approved credit (DAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease this vehicle with a value of \$18,636 (after \$1,395 down payment and Ford Credit Red Carpet Lease Cash of \$800 deducted, and including freight and air tax charges of \$1,700) at 0.79% APR for up to 60 months with an optional buyout of \$1,641, monthly payment is \$213 (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of \$98), and total lease obligation is \$14,375. Taxes payable on full amount of lease financing price after Ford Credit Red Carpet Lease Cash deducted. Additional payments required for PPSA, registration, security deposit, MVA fees (where applicable), excess wear and tear, and late fees. Lease offer excludes variable charges of license, fuel fill charge, insurance, dealer FDM (if applicable), registration, PPSA, administration fees and charges, any environmental charges or fees, and all applicable taxes. Some conditions and mileage restriction of 80,000km for 60 months applies. Excess kilometre charges are 12¢ per km, plus applicable taxes. Excess kilometre charges subject to change (except in Quebec), see your local dealer for details. All prices are based on Manufacturer's Suggested Retail Price. *Based on total Focus sales in BC in 2015. *The Best Buy Seal and other licensed materials are registered certification marks and trademarks of Consumers Digest Communications, LLC, used under license. For award information, visit ConsumersDigest.com. ^Don't drive while distracted. Even with SYNC, only use phone/other devices when safe. ©2016 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2016 Ford Motor Company of Canada, Limited. All rights reserved.

Deferral policy clouds outlook

GOVERNMENT FINANCES

Auditor report: True financial health is being under-reported

British Columbia's auditor general says under-reported government revenues can potentially cloud the province's true financial health.

Carol Bellringer made the comments Tuesday after releasing a report on the government's public financial statements for the 2014-15 budget, which included a surplus of almost \$1.7 billion.

Bellringer said B.C. should have reported an extra \$191 million in revenues from the federal government to build infrastructure projects in last year's budget.

Her audit estimates B.C.'s practice of deferring revenues over a period of dec-

ades amounts to more than \$4 billion.

"Why should this matter?" Bellringer asks in her report. "For one, deferring the revenue means that government is not recording revenue in these good years. When that revenue is eventually recorded, maybe in years when financial results could otherwise be less favourable, it may cloud the true health of the province."

She said the issue revolves around how the government records money it receives from the federal government or others to build capital projects, such as hospitals and roads.

Bellringer said the government should record the money as revenue the year it is received, but B.C. spreads out the revenue reporting over the life of the project.

"For example, if a bridge is constructed over two years, and has a life of 50 years, the standards require the revenue to be recorded in the two years

“Government is not recording revenue in these good years”
Carol Bellringer

that the asset is built," says her report. "Instead, government records the revenue over the 50-year life of the bridge."

The province's office of the comptroller general says it records the revenue as a liability when it is first received and adds it as the asset is developed.

The Finance Ministry said in a statement that deferral of restricted government transfers continues to be an area of debate among standard setters and auditors not just in Canada, but internationally.

"We, like other provinces, have not adopted the change recommended by the Auditor General on this issue," the statement said. THE CANADIAN PRESS



OLYMPIC SEAL OF APPROVAL Vancouver 2010 gold medalist Maelle Ricker releases a rescued female seal pup named after her back into the wild after rehabilitation at the Vancouver Aquarium Marine Mammal Rescue Centre Tuesday. The seal was found with fishing net cutting deeply into her neck near Parksville in December. DARRYL DYCK/THE CANADIAN PRESS

IN BRIEF

Major indigenous culture festival planned for 2017

Vancouver councillors approved a plan to host an 11-day, \$7.75-million festival celebrating indigenous culture in honour of Canada's 150th birthday in summer 2017.

Council voted in favour of dedicating \$1.9 million to "The Drum Is Calling" festival in a bid to get the federal government and private sponsors to fork over the rest of the cash.

The event, held in partnership with the local Squamish, Musqueam and Tsleil-Waututh First Nations, intends to contribute to reconciliation and build stronger relationships with indigenous people. Organizers also hope to position Vancouver as Canada's primary aboriginal cultural tourism destination.

The festival will be held at downtown Vancouver's Larwill Park, the site of the 2010 Winter Olympics live site, the 2015 FIFA Women's World Cup fan zone and the future home of the Vancouver Art Gallery. EMILY JACKSON/METRO

JOIN US IN RAISING FUNDS TO SUPPORT MUSIC THERAPY

• VANCOUVER • CALGARY • TORONTO • MONTREAL

MARCH FOR MUSIC THERAPY



SUNDAY
MARCH 20
2016

In support of the Canadian Music Therapy Trust Fund
In partnership with the Canadian Association for Music Therapy

**GO TO MUSICTHERAPYTRUST.CA
TO REGISTER + DONATE**

More information: march4mtvancouver@gmail.com



EXCLUSIVELY OURS

SHISEIDO *Spring Careset*

FREE: Receive a six-piece gift with any SHISEIDO purchase of \$43 or more*
A VALUE OF \$94. March 9 to March 20, 2016.



GIFT INCLUDES:

- Benefiance Extra Creamy Cleansing Foam, 30 mL
- Benefiance WR24 Softener, 25 mL
- Ultimune Power Infusing Concentrate, 10 mL
- Bio Advanced Super Restoring Cream, 7 mL
- Bio LiftDynamic Serum, 7 mL



MAY WE SUGGEST:

New SHISEIDO Bio-Performance LiftDynamic Serum. 30 mL, **\$125**
Premiering exclusively at Hudson's Bay from March 9 to April 9, 2016.

**HUDSON'S BAY
CREDIT BONUS**

SAVE \$20
on a purchase of \$75 or more before taxes when you use the Hudson's Bay MasterCard® or Hudson's Bay Credit Card from March 9 to 20, 2016.
HUDSON'S BAY

Wednesday, March 9 to Sunday, March 13, 2016

Receive a \$20 Savings Card with any SHISEIDO purchase of \$75 or more when you use your Hudson's Bay MasterCard® or Hudson's Bay Credit Card.** *Exclusively ours*



HUDSON'S BAY

SHOP THEBAY.COM

Savings for all offers are off our regular prices, unless otherwise specified. Values are based on our per mL and/or g price for regular-sized products. *Before taxes. Quantities limited. One gift to a customer. Values are based on our per mL and/or g price for regular-sized products. **Before taxes. While quantities last. Redeemable on your next purchase of \$100 or more before taxes when you use your Hudson's Bay MasterCard or Hudson's Bay Credit Card between March 9 and March 20, 2016. Not redeemable on cosmetics or fragrance purchases. One card per transaction. Not to be combined with any other offer. Other exclusions apply. See store for details. Hudson's Bay, Hudson's Bay Credit, hbc.com and their associated designs are trademarks of Hudson's Bay Company. Credit is extended by Capital One Bank (Canada Branch). Capital One is a registered trademark of Capital One Financial Corporation, used under license. MasterCard and the MasterCard brand mark are registered trademarks of MasterCard International Incorporated.

Canada's new target

Syrian crisis sparks Liberal government into significant shift in immigration policy, with families and refugees moving to the head of the queue and skilled labour missing out

Syrian refugees are driving a shift in Canada's immigration plan for 2016 as the Liberal government seeks to admit record numbers of new permanent residents while backing away from a previous focus on skilled labour.

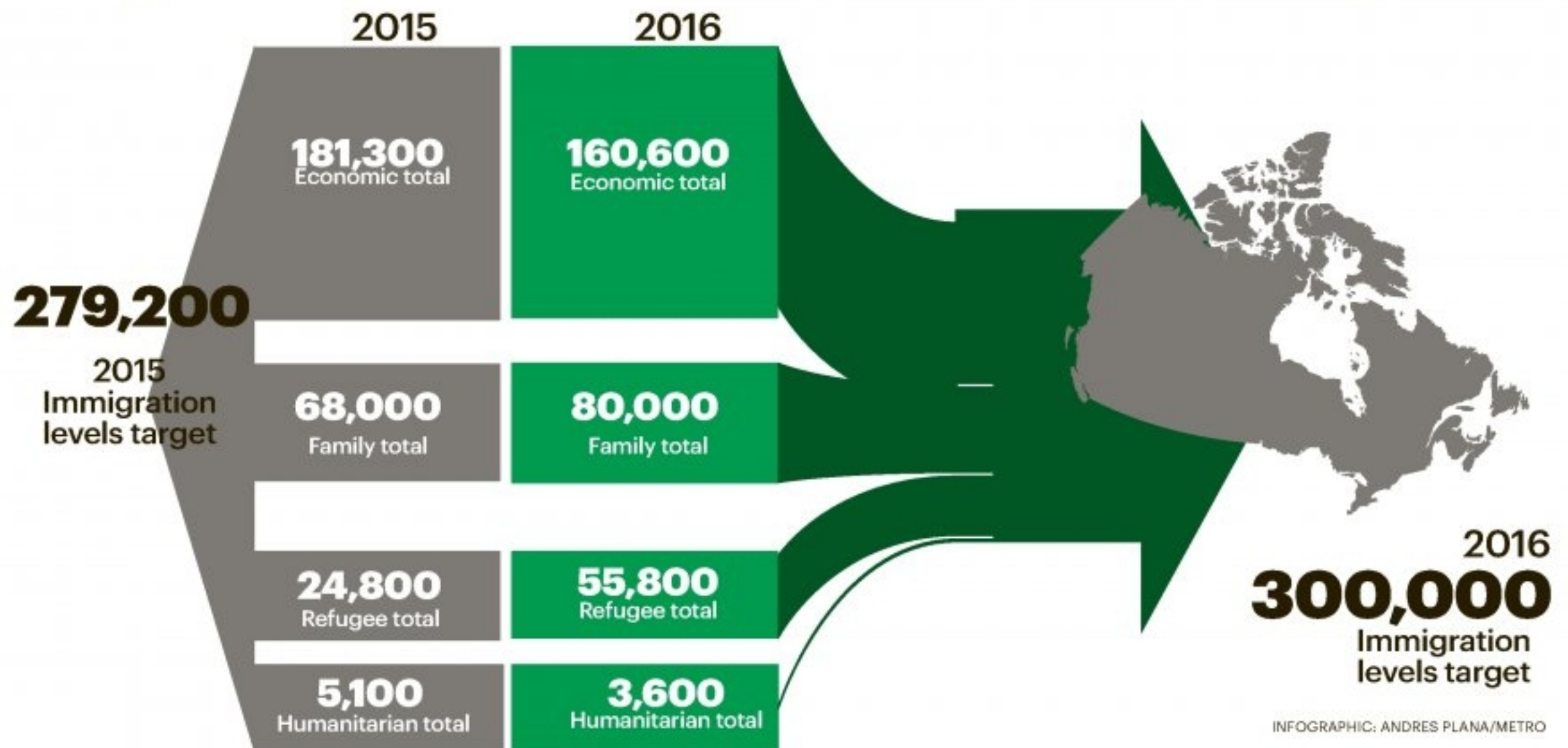
Bringing in 25,000 government-assisted Syrian refugees by the end of this year has maxed out the immigration stream, leaving the private sector to bring in vulnerable people from elsewhere in the world.

The Liberals say they will triple the number of spots for private sponsors, part of a near-doubling of the humanitarian stream of the immigration program overall.

Immigration Minister John McCallum said the plan is grounded in Canada's tradition as a welcoming country.

"It outlines a significant shift towards reuniting more families, building our economy and upholding Canada's humanitarian traditions," McCallum said.

THE CANADIAN PRESS



Today's jackpot

\$9 Million EST.

PLUS GUARANTEED \$1 MILLION PRIZE

"We can now enjoy retirement and do some travelling and maybe even some retail therapy."



RECENT WINNER

Mary (In Trust) | Victoria

\$3.6 MILLION

BUY YOUR TICKET AT

PLAY
NOW
COM

lotto!

bclc

Know your limit, play within it. **GameSense**

19+



Democratic candidate Hillary Clinton speaks in Detroit. CHARLIE NEIBERGALL/THE ASSOCIATED PRESS



Republican candidate Donald Trump at a rally. BRYNN ANDERSON/THE ASSOCIATED PRESS

Michigan goes to Trump, Sanders

POLITICS

Clinton sweeps Mississippi as Cruz attempts to close gap

Bernie Sanders breathed new life into his longshot White House bid with a crucial win in Michigan's primary Tuesday night, chipping away at Hillary Clinton's dominance in the Democratic presidential race.

Republican Donald Trump swept to victory in both Michigan and Mississippi, overcoming fierce efforts to blunt his momentum. Even with Sanders' win, Clinton and Trump moved closer to a general election faceoff.

Clinton breezed to an easy victory in Mississippi, propelled by overwhelming support from black voters, and she now has

more than half the delegates she needs to clinch the Democratic nomination.

Trump, too, padded his lead over Texas Sen. Ted Cruz, his closest rival. The frontrunners turned their sights on November as they reveled in their victories.

"We are better than what we are being offered by the Republicans," Clinton declared.

In a nod toward the kind of traditional politics he's shunned, Trump emphasized the importance of helping Republican senators and House members get elected in November.

Having entered Tuesday's contests facing a barrage of criticism from rival candidates and outside groups, he also delighted in overcoming the attacks.

"Every single person who has attacked me has gone down," Trump said at one of his Flor-

+ MAD MONEY

Voters say economy, inequality important

The economy ranked high on the list of concerns for voters heading to the polls in Michigan and Mississippi. At least 8 in 10 voters in each party's primary said they were worried about where the American economy is heading, according to early exit polls.

THE ASSOCIATED PRESS

ida resorts. He was flanked by tables packed with his branded retail products, including steaks, bottled water and wine, and defended his business record more thoroughly than he outlined his policy proposals for the country.

THE ASSOCIATED PRESS

REFUGEE CRISIS

Greek border shut to migrants

Despair and confusion spread through the camp at the Greek-Macedonian border Tuesday as thousands of stranded refugees were forced to acknowledge that the route through Europe that had carried their hopes and dreams was now shut.

The dozens of people crammed together at the front of the line to the border crossing looked at the closed gate and razor wire in disbelief. One young Syrian muttered he had

been in the tent at the crossing for five days without sleeping. It was his 15th day at the Idomeni refugee camp.

One woman broke down, crying and screaming as she held her baby in her arms while a man tried to calm and comfort her.

Refugees asked reporters what had happened in Brussels, and asked what they could or should do next.

THE ASSOCIATED PRESS



A Syrian woman holds a baby in a refugee camp. BORIS GRDANOSKI/THE ASSOCIATED PRESS



HAIR LOSS?

HF LASER SKIN CLINICS IS A CANADIAN COMPANY DEVOTED TO THE ANALYSIS OF NON-DISEASED HAIR PROBLEMS. A number of men and women experience Hair Loss and Scalp Disorders that will lead to baldness.

Most people allow their problem to escalate through procrastination, neglect or simply a lack of knowledge. There are numerous formulas claiming hair growth, many of which will not help your type of Hair and Scalp Disorder.

The first step is to find out more about your Hair Loss problem. And what can be done to help your individual case.

To accurately evaluate your Hair Loss disorder, HF LASER SKIN CLINICS provide a VISUALIZATION MICROSCOPIC TEST that enables you to understand the particular nature of your Hair Loss/ Thinning problem. Presently, the VISUALIZATION MICROSCOPIC TEST for people losing hair is at no charge or obligation. For a complimentary test & scalp analysis contact:

HF LASER SKIN CLINICS

VANCOUVER
(604) 341-0054
100-3077 Granville Street

www.Hairfreeclinics.com
micronvancouver@gmail.com
www.micronlabs.com

We offer all solutions to your problem. You don't have to be bald.



*jobbank.gc.ca



CONSTRUCTION ELECTRICIANS EARN A MEDIAN WAGE OF \$27.90/HR*

Excel in your new career with hands-on training in state-of-the-art labs! Apply to the Construction Electrician Foundation program today to get started.

VANCOUVER CAREER COLLEGE ALSO OFFERS PROGRAMS IN:

- Early Childhood Education
- Health Care Assistant
- Medical Office Assistant
- Social Services Worker – Foundations
- And More!

1.800.993.4086
STUDY.VCCOLLEGE.CA

ASK ABOUT OUR EVENING CLASSES!

Financial assistance may be available to qualified applicants.

VANCOUVER
CAREER COLLEGE

URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION

I took credit for someone else's donation to my boss's charity run — but she was pressuring all of us to give. She does it every year. Was I wrong?

Dear Ellen,
Every year, when the time comes for her charity run, my manager starts dropping hints and directs us to the website with her donor page. I give lots to charity, and feel we shouldn't be asked to support her causes. Anyway, this year, she and I had a one-on-one meeting where she said, with a sigh, that she was way behind in her fund-raising but that "of course, that's not your problem." There was an awkward pause, which I stupidly filled by saying I'd donate. I was mad at myself, but meant to do it — until an hour later when she sent me an email telling me how much she appreciated my donation. Apparently, as I stewed at my desk, someone else had donated anonymously. I was ticked off enough that I replied "No problem! Good luck!" Was I wrong?

Feeling Extorted, Toronto

Dear F.E.,

Strictly speaking, I cannot condone your lying about having made a donation to your boss's charity. Nor do good manners permit taking credit for another person's generosity.

But I can certainly understand your motivation.

Though it doesn't excuse your behaviour, the fact

It's okay to ask friends, relatives and strangers for support, but not in a context when people don't feel free to say no.

is your boss's behaviour is equally inexcusable. Her practice of "dropping hints" about her charity while directing you to her website has all the subtlety of a brickbat aimed straight at your next performance review. It's OK to ask friends, relatives and strangers for support, but it's not OK in the context of a power relationship like the one she has with you; i.e., when people don't feel free to say no.

By the way, it's commendable that you already "give lots to charity," but it's irrelevant as to whether you should give to hers. We all have our own pet causes, and how we choose to spend our disposable income is nobody else's business.

Of course, it's not always

cut and dried. Theoretically, I stick to my own chosen charities and feel justified in waving off solicitors for other organizations. But I also set aside a certain amount for causes I don't much care about, because I like or care about the people who are begging on their behalf.

(As tax season looms, note that tax credits are available for registered charities, which never hurts.)

For Feeling Extorted and other oppressed workers at the mercy of exploitative managers, however, the choices are limited.

You can smile through gritted teeth and donate, and try not to waste too much time wallowing in fuming resentment, which is very

bad for your health.

You can ignore the boss's "hints" and not donate, then try not to waste too much time worrying about whether she'll hold it against you, which would be very bad for your career.

Or, if you simply refuse to brook a double-bind, you can heed the advice of Frank Underwood from *House of Cards*: "If you don't like how the table is set, flip over the table." In other words, sign up for your own charity run, so that you can tell your boss — truthfully — that you'd love to donate to her run, and that you sincerely hope she'll donate to yours!

Need advice?
Email Ellen:
scene@metronews.ca



© Ani Castillo

ROSEMARY WESTWOOD

metroview



Americans love Trudeau, and we still really, really care

Always the wooer, never the wooed. Canada, I mean, when it comes to the U.S.

All week, Canadian media, swooning over Prime Minister Justin Trudeau's rare (steak?) state dinner at the White House on Thursday, have noted what a "high honour" the evening is, how it shows that "Canada matters" and promises to be an "evening of awe."

U.S. President Barack Obama sees himself in Trudeau, we're told. Plus: The Washington Post even called Trudeau the "anti-Trump" (!) — high establishment praise and a moniker Trudeau later ironically embodied when he refused to dump on Trump in an interview.

We're loving the attention — the Vogue profile, Sunday's 60 Minutes interview, which Americans read as advertisement to emigrate here; not that they needed one after Googling en masse "how to move to Canada" on Super Tuesday. The U.S. coverage, though concerned with Trudeau's aesthetic, is far meatier than the usual Five Cool People You Didn't Know Were Canadian or This Hip Street in This Canadian City Is So Hip.

But coming from a nation that still assumes we're all lumberjacks, it's not really that flattering, is it? The Google-search story was roundly treated as a joke: Move to Canada! Things really are bad! We're not an aspiration

so much as a last-ditch escape hatch. They're not drawn to Canada — they're drawn to the absence of America.

In my experience, Americans generally view Canada as a proverbial backwoods, a wild terrain with rustic inhabitants.

Which is why Trudeau, in that 60 Minutes interview, admitted Canadians, "like to think that, you know, Americans will pay attention to us from time to time, too."

What lofty goals, Mr. Trudeau. Americans do like him for his poignantly familiar story: He is handsome and forthright and rose to power by being a good guy, a classic trope of American culture rarely seen in real life. But I doubt the interest will plunge much past his shiny surface to our reality.

To be clear: Neither Trudeau nor I are anti-American. Hell, he told the Huffington Post that the U.S. is "the greatest democracy in the world."

But I can like America and Americans (which I do, greatly), and even love some of them without assuming, much less requiring, their reverse-interest in the true-north-strong-and-free.

Besides, while the state dinner will be good for Trudeau, and even a little good for us, the important relationship is no longer with Obama, it's with his successor. And if that (shudder) is Donald Trump, we know who'll pick the fight.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER
METRO WESTERN CANADA
Steve Shroot

MANAGING EDITOR VANCOUVER
Jeff Hodson

ADVERTISER INQUIRIES
adinfo@metronews.ca
General phone 604-602-1002

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

"HAPPINESS IN INTELLIGENT PEOPLE IS THE RAREST THING I KNOW."



Philosopher cat now at
www.mymetrostore.ca



Step-by-step spicy tuna rolls

RECIPE

Throw out the takeout menu and make your own at home

The California roll may have been the first inside-out roll, but the spicy tuna roll is quickly becoming the most popular. The combination of tuna and mayonnaise is a classic in Western culture.

Spicy Tuna Roll

Makes 1 roll (6 pieces)

Ingredients

- 1/2 sheet nori (7 by 4 inches/17.5 by 10 cm) 1/2
- 1/3 cup Sushi Rice 75 ml
- Toasted sesame seeds (preferably a mix of black and white)
- 1 tsp Spicy Mayo (see recipe on right) 5 ml
- 1 1/2 tsp thinly sliced green onion, white 7 ml and green parts
- 2 strips tuna, cut into pieces each 2 about 3 1/4 by 1/2 by 1/2 inch (8 x 1 x 1 cm; about 2 oz/60 g)
- Pickled ginger
- Wasabi paste
- Soy sauce

Equipment

- Wet towel
- Nonstick gloves, optional
- Small bowl with ice water
- Bamboo rolling mat (maki-su), covered in plastic wrap
- Yanagiba, slicing knife or chef's knife

Directions

1. Place nori on board, shiny

side down, with the longer side facing you.

2. Lightly wet your hands in the ice water, shaking or clapping off any excess.

3. Leaving a 1/2-inch (1 cm) border at the top of the nori, place rice on sheet, right of center.

4. Using your fingers and pressing down and toward the right, spread rice to about 1 inch (2.5 cm) wide. Repeat Step 2.

5. Using the tips of your fingers, continue to spread rice evenly over nori so remainder of nori is covered with rice, leaving 1/2 inch (0.5 cm) visible at the bottom.

6. Sprinkle sesame seeds evenly over surface of rice.

7. Using the back of a spoon, spread spicy mayonnaise across center of nori.

8. Flip nori over, rice side down, placing the uncovered edge toward you.

9. Sprinkle mayonnaise evenly with green onion.

10. Lay sliced tuna evenly over onion. Place your thumbs under the bottom of the nori (the edge closest to you).

11. With your hands cupped over the roll, gently squeeze on either side to begin to form the roll.

12. Using your fingers to hold the fillings in place and rolling away from you, roll nori over fillings.

13. Keeping pressure on the roll, continue to roll away from you until roll is sealed.

14. Using your middle and index fingers, gently tap on each end of the roll to ensure that ingredients have not

slipped out and are flush with the nori.

15. Confirm roll seam side down (this will help ensure that the roll will not burst open when handled).

16. Place mat over roll.

17. With your thumbs on the side toward you, pinkies on the far side and other fingers cupped over the top, give the roll a light squeeze, forming a squared cylinder.

18. Remove mat and slice roll.

19. Arrange cut pieces upright on a serving plate. Garnish with wasabi, ginger and a small dipping bowl of soy sauce.

STEP 4



STEP 10



STEP 12



If you prefer, you can chop up the fish or cut into cubes and combine it with the spicy mayonnaise. CONTRIBUTED

RECIPE

Spicy Mayo

Makes 1 1/4 cups (300 ml)

Ingredients

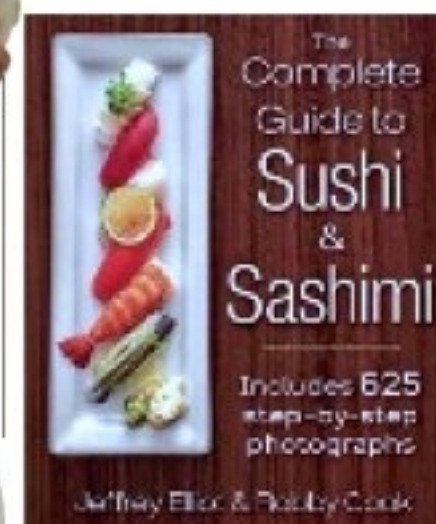
- 1 cup mayonnaise 250 ml
- 3 Tbsp chile paste 45 ml
- 1 tsp Japanese toasted sesame oil 5 ml
- 1 tsp freshly squeezed lemon juice 5 ml
- Japanese chili flakes, such as ichimi or shichimi, optional

Directions

1. In a bowl, whisk together mayonnaise, chile paste, sesame oil and lemon juice, until combined. Add chili flakes to taste (if using). Use immediately or transfer to an airtight container and refrigerate for up to 1 month.

SUBSTITUTION

Don't like tuna? You can sub salmon, yellowtail, scallops or white fish.



COURTESY OF THE COMPLETE GUIDE TO SUSHI & SASHIMI BY JEFFREY ELLIOT & ROBBY COOK © 2015 WWW.ROBERTROSE.CA. REPRINTED WITH PUBLISHER PERMISSION. AVAILABLE WHERE BOOKS ARE SOLD.

M.B.A.
or
**M.S. IN
COMPUTER
SECURITY**

EARN YOUR MASTER'S DEGREE FROM A GLOBAL INSTITUTION

- AACSB-Accredited M.B.A.
- Only M.S. in Computer Security in Western Canada
- B.B.A. grads are eligible for credit transfer
- International students are eligible for post-graduate work permits



nyit.edu/canada
604.639.0942

vancouverinfo@nyit.edu

701 W. Georgia St., 17th floor
Vancouver, Canada

NYIT

LEAP INTO SPRING WITH A CITRUSY SALAD AND BRAISED RABBIT

Brighten your meals with these dishes that will transport you into the season ahead TORSTAR NEWS SERVICE

Mint, beet and fennel salad with chili-citrus vinaigrette

For the vinaigrette
Makes 1/2 cup dressing.

Beets and fennel are winter-time favourites when drizzled with olive oil and roasted to perfection in the oven. You can find fennel year-round, but it's at its best during colder months so consider this a farewell to fennel.

The addition of fresh mint leaves serves as a teaser to all the tasty things about to sprout from the ground while beets remind you of what's still growing beneath it.

Ingredients

- Juice of 1/2 large orange
- Zest of 1 large orange
- 2 Tbsp olive oil
- 1 tsp white wine vinegar
- 1/4 tsp dried chili flakes
- Salt and pepper, to taste

Directions

1. Whisk together all ingredients in a bowl. Serve immediately or refrigerate in an airtight container for up to a week.

For the salad
Makes 4 servings.

Ingredients

- 6-8 small beets, peeled and thinly sliced
- 1 large fennel bulb, washed and thinly sliced
- 1/2 large orange, peel removed and cut into bite-sized segments
- 1/3 cup fresh mint leaves
- 1/2 cup chili-citrus vinaigrette
- Salt and pepper, to taste
- Chili flakes, to taste

Directions

1. Toss beets, fennel, orange segments and mint in large mixing bowl. Pour in vinaigrette and toss to coat evenly. Add salt, pepper and chili flakes to taste.
2. Transfer to serving bowl. Let marinate for 10 minutes before serving.

Braised rabbit with bow tie pasta, peas and creamy walnut sauce

Makes 4 servings.

It might sound morbid to cook rabbit during the month of Easter, but once you've had

sweet and tender rabbit meat you'll understand why Elmer Fudd spent all those years hunting that single creature. Here, the mascot of springtime is slow-cooked, tossed in a light but creamy walnut sauce and dressed with vibrant green peas. Have the butcher take the rabbit apart for you. If you are averse to cooking wascally wabbit, substitute four whole bone-in chicken legs with the skin removed.

Ingredients

- 2 Tbsp olive oil
- 1 3-lb whole rabbit, head and ribs removed, legs and saddle separated
- 2 cups no-salt-added chicken broth
- 1 cup evaporated milk
- 1 cup crushed walnuts, plus more for garnish
- 3 minced garlic cloves
- 2 1/2 cups dried bow tie pasta
- 1 cup frozen green peas
- Salt and pepper, to taste
- Chopped mint leaves, for garnish

Directions

1. In a large pan, heat oil over medium heat. Sear rabbit until golden brown on all

sides. Season with salt and pepper. Turn heat down to low. Add chicken broth. Cover and let cook on gentle simmer for 1 hour, or until meat is cooked and fork tender.

2. Remove rabbit from pan. Shred meat using two forks. Discard bones. Set meat aside.

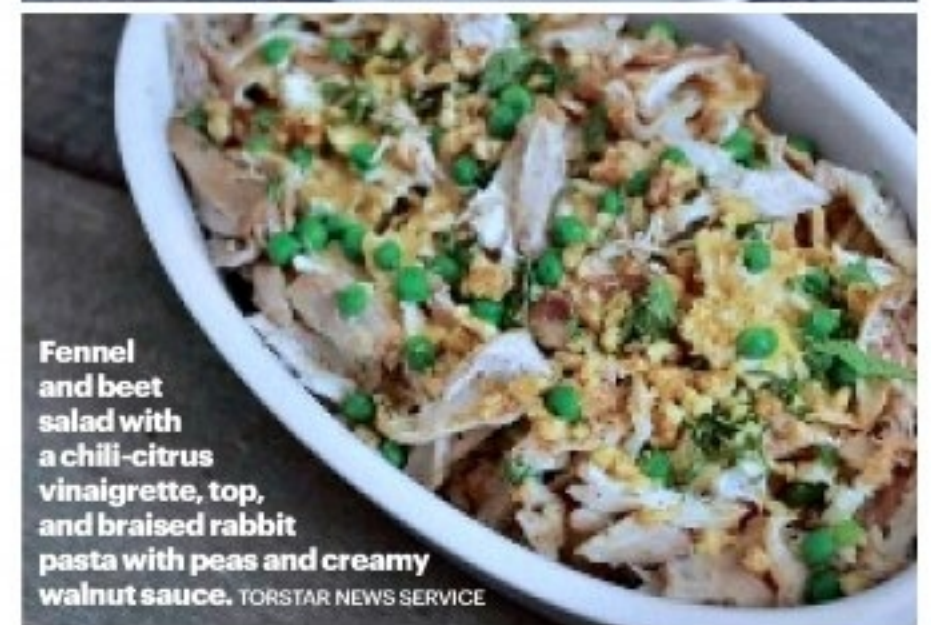
3. Transfer remaining broth to blender. Add milk, walnuts and garlic. Blend until everything has emulsified. Set aside.

4. Bring large pot of salted water to roaring boil over medium-high heat. Cook pasta according to box instructions or until al dente. Remove pasta to bowl with slotted spoon.

5. Bring water back to a roaring boil in same pot. Add frozen peas and cook for 1 minute, or until peas are defrosted. Drain and rinse peas under cold water.

6. In a large skillet over medium heat, toss cooked pasta, peas, walnut sauce and rabbit meat together. Add salt and pepper, to taste. Transfer to serving bowl. Garnish with more crushed walnuts and mint, if using.

7. Serve immediately.



Fennel and beet salad with a chili-citrus vinaigrette, top, and braised rabbit pasta with peas and creamy walnut sauce. TORSTAR NEWS SERVICE

Linwood Barclay

AT **CUFFED**

Vancouver International
Crime Writers Festival

THE HOOK: The Crime Writing Seminar

Friday, March 11, 1:00PM | Granville Island Hotel 1253 JOHNSTON ST.

3X3 TRILOGIES

Saturday, March 12, 8:00PM | Performance Works 1218 Cartwright St.

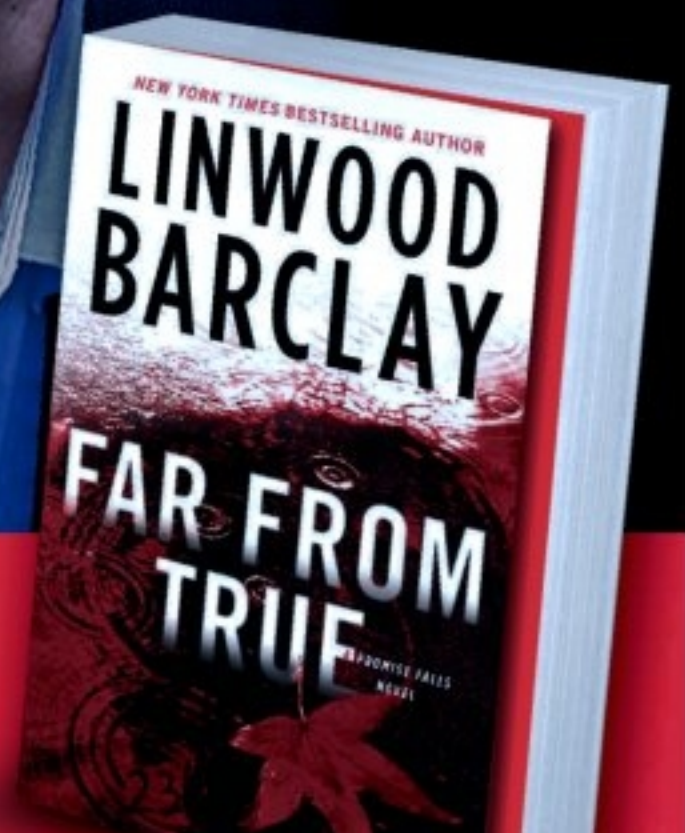
For tickets visit: www.cuffedfestival.com

"Some days, all you really want is for someone to tell you
A WICKED-GOOD STORY."

THE
NEW
YORK
TIMES
BOOK
REVIEW

"Where has
Linwood
Barclay
been all
my life?"

STEPHEN
KING



LADIES NIGHT OUT

STEP OUTSIDE YOUR COMFORT ZONE

We're all for a girly ladies night, but sometimes a gal wants to bring out her tougher side. Here's how to inject your next ladies' night with a little bit of badass.

Shoot some pool

Knowing how to pocket a billiard ball is the standard of grubby, male-dominated bars everywhere. That's why you should master it. You don't necessarily have to head to a dive bar, however. There are lots of places around the city to polish up your skills with a cue.

Reserve at table for you and your friends at a pool hall like Guys and Dolls Billiards in Mount Pleasant or Soho Billiards in Yaletown. Grab a beer, make friends with the locals, and learn your way around a billiards table.

Butchery class

Canadians are becoming more aware of how their meat is raised, and want to know more about where it comes from. Learning how to butcher gives you greater control of one step of the meat production process. It's a unique experience that will learn you a thing or two about cuts of meat — an understanding that could come in handy next time you're ordering a meal. Several places around Vancouver hold courses for individuals and groups, including Harkness and Co., Big Lou's and Save On Meats (they have a Bacon Makin' class for beginners).

Target practice

Call it the Katniss Effect. Much like the bow-and-arrow-toting heroine of *The Hunger Games*,



ISTOCK

women are getting hooked on shooting for fun. Whether it's archery or the gun range, it's fun to see how accurate you can make your shot. Gun ranges in Greater Vancouver often have ladies nights or women-only courses, which can be a great option for first-timers.

Craft beer tour

The Main Street area is home to several breweries within walking distance of each other, including Main Street Brewing Company, 33 Acres Brewing Company and Brassneck Brewery.

HEY LADIES...!

CANADA'S FIRST REAL-LIFE ROOM ESCAPE GAME

West Broadway is a real-life room escape game facility. Players are locked within one of four themes for 45 minutes with the objective of escaping by solving puzzles and deciphering clues. Each theme contains engaging puzzles, mechanical components and gadgets that allow players to navigate towards the "EXIT" when solved.

ILLUSIONS • TRANSYLVANIA • CIRCUS • BUTCHER SHOP

PRICING \$25 per player, tax included
LARGE GROUP BOOKINGS
 We are happy to accommodate large group bookings, birthdays and corporate or family events. Groups of 18 or more players are eligible for a 15% discount.

PLAY FOR FREE ON YOUR BIRTHDAY!
50% OFF STUDENT MONDAYS with valid student ID

WEST BROADWAY
 309 West Broadway, Vancouver BC
 e: wbroadway@e-exit.ca | 778.379.4730
 f www.facebook.com/exittwbroadway
<http://e-exit.ca/vancouver-west-broadway>

EXIT: THE ULTIMATE REAL LIFE GAMING EXPERIENCE



CONTRIBUTED

TAKE YOUR NIGHT OUT TO THE NEXT LEVEL

Sure, getting your nails done is nice. Yeah, a glass of wine with friends is fun. But if you want a ladies night that's next-level, take your girlfriends to an escape room.

"The ultimate night out is cracking a real-world puzzle with your friends," says Jerry You, owner of escape room company EXIT Canada. "It's a rush to problem-solve together. Every group that comes in, comes out smiling."

The company has welcomed more than 160,000 players since it opened — at its six locations in B.C., one in Calgary and one soon to open in Edmonton. The locations offer a maze of unique realms players can explore. The aim? To escape your room by solving all the challenges and puzzles posed by your Game

Master within a 45-minute time limit.

The game brings friends together in a way you'll never experience over a cocktail, You explains. "You leave your escape room adventure feeling like you know your friends on a whole new level," he says. "You've just gone on an adventure together, and come out the other side in one piece. It's cathartic."

Since EXIT Canada opened its doors as Canada's first escape gaming facility more than two years ago, it's drawn crowds — including couples, families, corporate groups, and groups of friends who are looking for a totally unique experience.

"Players love to explore our wide variety of creative rooms," says You. "They pull you out of everyday life and into another dimension."

For girls with grit

More and more women in Vancouver are gravitating to the gun range. Shooting is a fun challenge that many women are finding they enjoy, says Alanna Bergeron, marketing manager of DVC Ventures, Vancouver's only indoor shooting range.

"For many women, it starts with curiosity, as something they've never tried before," Bergeron explains, adding that every Friday is Ladies Night, when women get in free from between 2:00 and 10:00 p.m. (regular admission is \$30), and only need to purchase their ammo and targets. "When you first experience shooting, it's quite empowering. It's a rush."

The range encourages visitors to come by themselves, or in groups. DVC's stagette packages are becoming popular, she says.

If you plan to arrive with fewer than 10 people, you are free to walk right in with no booking. Larger groups are welcome too, but a

reservation is recommended.

Never shot a gun, but you're curious to try? DVC is the only indoor shooting centre in B.C. offering firearm rentals to the public. No license is required to shoot — just bring government-issued picture ID.

"We welcome newcomers. Our range of officers and staff will set you up, show you a little bit of technique, and be there to help you stay safe and to answer any questions to make sure you have a fun experience," says Bergeron.

For those who become more interested in the sport, DVC offers the PAL course — the course you take to acquire your gun licence. From there, build on your skills with other courses including Handgun 101. This course is also available as Her Handgun 101, for ladies one. "It's perfect for beginners looking to get familiar with firearms," Bergeron explains. "We also offer customized shooting lessons to get that one-on-one time with an instructor."

Gun Cleaning 101 is another valuable course that will teach you to learn how to clean and lube your gun. "No matter your skill level, there's something for everyone here," says Bergeron. "It's the perfect place to spend quality time with your friends."



CONTRIBUTED



CONTRIBUTED

Every Friday is...

Ladies' Night!



LADIES GET IN FREE • 2 TO 10PM

No firearms license required!

Be sure to bring government issued picture ID.

#201 - 1655 BROADWAY ST, PORT COQUITLAM, BC
VANCOUVERGUNRANGE.CA

A NEW
MEANING TO
#GIRLSNIGHT





Something for the whole family



REVIEW

Pilot delivers value pack of convenience, comfort

Mike Goetz
For Metro Canada



The previous Honda Pilot featured a squared-off and rugged SUV vibe, which didn't quite resonate with its intended target — large families with lots of kid chauffeuring on the schedule.

So for this all-new-for 2016 version, Honda re-positioned Pilot to be less masculine, and with more priority on family comfort and safety. While more rounded and sleeker, the Pilot is still one of the roomier mid-size crossovers, with a legitimate third row, and eight seats. If you don't need to carry more than seven, definitely go with second-row captain chairs, which keep siblings from encroaching on each other's territories, for better family harmony. They are also heatable and slide for fairly easy entry into the third row. Like all third rows, Pilot's is low to the ground, but wide and comfortable enough for three smaller humans.

Climb into the driver's seat,

and you'll be impressed by the vast array of new features and excellent outward visibility, the latter helped by super thin front pillars, and big windows all around. Dominating the front space is Pilot's new standard touchscreen infotainment system. It looks good, sounds good, and is packed with solid technology, but I found it required too much brain activity to do most anything. It will have you soon running to the few "actual" buttons on the steering wheel, and voice command. More new tech that takes getting used to, is the "drive by wire" gear selector, which is packaged with the optional and all-new nine-speed automatic.

Combined with its silky and quiet engine, and comfortable ride, the Pilot is very soothing on the road. All the modern safety features you can think of are standard — or optional. I particularly like how often Honda's Lane Watch helps you in everyday driving. Note, however, that Blind Spot and Rear Cross monitoring are only available on the top-end model.

The Pilot is not too engaging to steer. But Honda probably figures you just want to relax when you're driving your clan to their required locations, be they a soccer field, the orthodontist, or a kingdom far, far away.

THE CHECKLIST | 2016 HONDA PILOT

THE BASICS

Type. Five-door, FWD or AWD, seven or eight-seat, midsize crossover

Engines (hp). 3.5-litre V6 (280)

Transmissions. Six-speed automatic, nine-speed automatic

Base price. \$35,490 (not including \$1,827 for PDI & Freight)



INTERIOR PHOTOS MIKE GOETZ/FOR METRO; ALL OTHERS HANDOUT

THE COMPETITION



Hyundai Santa Fe XL
Base price: \$31,099



Toyota Highlander
Base price: \$33,555



THE ALL-NEW 2017
ELANTRA

#SUPERSEARCH IS ON.

Our competition has stolen our SUPERSTRUCTURE™!
Follow the clues and help us find it for a chance to win a \$20,000 reward or 1 of 4 secondary rewards of \$2,500!*

To get involved, sign up at
HYUNDASUPERSEARCH.com



*Canadian residents who have reached the age of majority in their province or territory can enter the contest at www.hyundaisupersearch.com between February 13th, 2016 at 12:01am (ET) and April 4, 2016 at 11:59pm (PT). One entry per each Weekly Prize. One entry per Grand Prize. Four (4) Weekly Prizes of CDN\$2,500.00 each, and one (1) Grand Prize of CDN\$20,000.00. To be eligible for Grand Prize, contest participant must perform test drive of a new Hyundai vehicle at a Canadian Hyundai dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for secondary Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is exclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00 pm (ET) on April 7, 2016. No purchase required. Complete rules available at www.hyundaisupersearch.com. TM/©The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp.

SALE ON NOW!

2006 ACURA TL  Heated front seats, Leather upholstery, Auto-dimming rear view mirror, Memory seat, Telescoping steering wheel, External temperature display, Sequential multi-point fuel injection, Speed-sensing steering, Brake assist \$154 B/W @ 5.96% OVER 48 MONTHS NOW \$10,988	2012 SUZUKI KIZASHI S  Excellent condition, great value, selectable all wheel drive, alloy wheels, heated front seats, Bluetooth, power group, fog lights, memory drivers seat, 50/50 split folding rear seat with center pass-through \$103 B/W @ 5.97% OVER 84 MONTHS NOW \$11,998	2007 BMW 328I  Remote keyless power door locks, heated front seats, heated mirrors, cruise control, steering wheel media controls, AM/FM stereo, auxiliary audio input, power glass sunroof, rear defogger, alloy wheels \$152 B/W @ 5.96% OVER 60 MONTHS NOW \$13,588
2013 SCION TC  Pioneer sound system, sporty interior, eye catching alloy wheels, super low kms, USB inputs, Bluetooth, power sliding sunroof, automatic transmission, balance of factory warranty, sporty performance and interior \$136 B/W @ 4.97% OVER 84 MONTHS NOW \$16,995	2012 KIA FORTE EX  Awesome on gas, great commuter car, small yet spacious inside, alloy wheels, Sunroof, power windows, power locks, power mirrors, Steering wheel mounted audio, Bluetooth and cruise controls, air conditioning, and heated front seats \$87 B/W @ 5.97% OVER 84 MONTHS NOW \$9,850	2015 INFINITI Q50 SPORT  All wheel drive, only 10,257 kms and over 300HP under the hood! Equipped with navigation system, backup camera, leather interior, push start ignition, Infiniti in-touch technology, power sunroof, sport alloy wheels, fog lights \$294 B/W @ 3.99% OVER 84 MONTHS NOW \$39,995
2015 SUBARU FORESTER LTD  Symmetrical Full time All Wheel Drive fog lights, 17 inch alloy wheels, rear view camera, colour display, premium cloth upholstery, power adjustable front seats, mobile phone connectivity, panoramic power sliding sunroof \$235 B/W @ 4.57% OVER 84 MONTHS NOW \$30,995	2012 VW JETTA TDI COMFORTLINE  Diesel, 6 speed automatic, direct shift gearbox, air conditioning, power group, alloy wheels, CD player, AM/FM radio, fog lights, leather wrapped steering wheel, height adjustable drivers seat \$108 B/W @ 4.57% OVER 84 MONTHS NOW \$13,288	2006 PONTIAC WAVE 5  Automatic transmission, rear wiper, and 1.6L fuel efficient engine, fog lights, side indicator lights, height adjustable drivers seat, abs brakes, airbags, CD Player, AM/FM radio, split folding rear seats \$5,995 CASH PRICE \$39,995
2005 SUBARU LEGACY GT  Heated door mirrors, air conditioning, automatic temperature control, heated front seats, leather steering wheel, alloy wheels, leather upholstery, power front seats, alloy wheels, all wheel drive \$161 B/W @ 9.96% OVER 36 MONTHS NOW \$7,988	2006 CADILLAC CTS LUXURY  Genuine wood console insert, auto-dimming rear view mirror, automatic temperature control, front dual zone A/C, fully automatic headlights, leather upholstery, power driver seat, fog lights, power sunroof, alloy wheels \$125 B/W @ 9.96% OVER 36 MONTHS NOW \$7,888	2009 TOYOTA SIENNA  8 passenger seating, hood deflector keyless entry, power option group, tinted windows, 3rd row stowable seats, ABS brakes, cruise control, steering wheel mounted with audio controls, split folding rear seats \$120 B/W @ 4.57% OVER 78 MONTHS NOW \$13,995
2009 SUBARU WRX STI  Black leather and suede interior, hatchback, 2.5L, 4-cyl turbo, AWD, 305HP, 290 ft-lbs torque, Xenon headlights, gunmetal alloy wheels, adjustable sport driving modes, 6 Disc CD Changer, satellite radio \$231 B/W @ 3.99% OVER 78 MONTHS NOW \$28,995	2002 OLDSMOBILE ALERO GX  The beautiful 2002 Oldsmobile Alero GX offers front wheel drive, rear lift-gate door, cruise control, CD/AM/FM stereo, air conditioning, cloth seats, power locks, ABS brakes! Great price! \$2,995 CASH PRICE \$1,488	2004 SUBARU IMPREZA  All wheel drive, roof rails, power option group, automatic transmission, cruise control, height adjustable drivers seat, 60/40 split folding rear seat, air conditioning, bumper scuff guard, rear wiper \$6,888 CASH PRICE \$5,495



Darren Eric

AUTO DIRECT

3771 NO.3 ROAD, RICHMOND, BC (OPPOSITE YAOHAN CENTRE)
CALL US TODAY 1.855.582.3691
 FOR YOUR QUICK APPROVAL!
www.wcautodirect.com

All prices are subject to documentation and tax. Payments include tax and \$895 documentation fees. Terms based on 3.99%/4.57%/4.97%/5.96%/5.97%/9.96% over varied listed months. All ICBC reports and Car Proofs available on request. DL #31151

16

metroDRIVE

Nissan's 'revolution'

THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news



TEXT AND IMAGES BY WHEELBASE MEDIA

NISSAN

IDS Concept utilizes artificial intelligence

Nissan has clarified its vision of the future for autonomous and zero-emission electric vehicles in the form of the IDS Concept. New technologies coming from the automaker will do no less than revolutionize the relationship between car and driver and future mobility, promised Nissan president and CEO Carlos Ghosn. The IDS Concept integrates advanced vehicle control and safety technologies with artificial intelligence. "Nissan Intelligent Driving improves a driver's ability to see, think and react," he said, "It compensates for human error, which causes more than 90 per cent of all car accidents." Even when the driver selects Piloted Drive and turns over driving to the vehicle, the car's performance imitates the driver's own driving style and preferences, Ghosn said.

ELECTRIC VEHICLES

China set to lead in EVs

China is forecast to become the world's biggest market for electric vehicles this year with sales estimated at 220,000-250,000 vehicles, says the official China news agency Xinhua, quoting the China Association of Automobile Manufacturers. The Association's deputy secretary general Xu Yanhua, estimated the U.S. market at 180,000 vehicles while worldwide, EV sales are expected to increase to 600,000 units in 2016.



FOSSIL FUELS

OPEC offers predictions

The Organization of Oil Exporting Countries (OPEC) is bullish about the future of fossil fuels, predicting that over the next quarter century, battery-powered electric vehicles will grow to represent just one per cent of vehicles on the world's roads. More depressingly, OPEC predicts that by 2040, 94 per cent of all vehicles will still run on fossil-based fuels. Cars and trucks in 2040 will consume about 17 per cent more fossil fuels than today, as there will be many more of them.





Dallas quarterback Tony Romo has undergone shoulder surgery and should be ready for off-season workouts when they start in May

NHL IN BRIEF

Hurricanes blow out of Ottawa with shootout win

Rookie Jacob Slavin scored in the fourth round of the shootout, and the Carolina Hurricanes beat the Ottawa Senators 4-3 on Tuesday night.

Jeff Skinner scored twice for Carolina, including one with 0.2 seconds remaining to force overtime, and Jay McClement had a short-handed goal.

THE CANADIAN PRESS

Halak scores 200th career victory as Isles top Pens

Anders Lee scored the tiebreaking goal in the third period, Jaroslav Halak stopped 31 shots before leaving late in the third period and got his 200th career victory and the surging New York Islanders beat the Pittsburgh Penguins 2-1 Tuesday night.

Halak left the game with 4:22 left with a possible injury. Thomas Greiss replaced him and stopped all three shots he faced. Halak, in his second season with the Islanders, improved to 200-115-37 in his career.

THE ASSOCIATED PRESS

Bruins blank Bolts

Brad Marchand scored 10 seconds into overtime, Jonas Gustavsson made 42 saves and the Boston Bruins beat the Tampa Bay Lightning 1-0 on Tuesday night in a matchup of Atlantic Division leaders.

THE ASSOCIATED PRESS

Hutton knows a thing or two about stage presence

CANUCKS

Rookie getting noticed for his stable play on the back end



Cam Tucker
Metro | Vancouver

Ben Hutton's performance in the rookie lip sync battle — a stirring rendition of Barbie Girl — at the organization's Dice & Ice charity event last month may have cut some tension at a tenuous time for the Vancouver Canucks.

For all that has gone wrong with the Canucks this season — and that list is long — the first-year defenceman has been a revelation and not just because of his stage presence.

From training camp and pre-season, when he earned a spot on the NHL roster, to before the trade deadline when he was moved onto the top pairing to replace the injured Alex Edler, Hutton's development has been perhaps the biggest positive in a season devoid of much optimism.

The latter half of this season has accelerated the youth movement, which has mostly focused around 2014 first-round picks Jake Virtanen and Jared McCann.

The task now is about assess-



Canucks blue-liner Ben Hutton, left, and the Predators' Eric Nystrom collide during action on Jan. 26. DARRYL DYCK/THE CANADIAN PRESS

ing the young talent and Hutton, Vancouver's fifth-round draft pick from 2012 who played at the University of Maine before signing an entry-level contract with the Canucks last spring, has arguably been the most consistent on-ice performer of this young class.

In 58 games, the 22-year-old

blue-liner scored once but he's got 21 points, including seven on the power play, and leads all Vancouver defencemen in points-per-60-minutes at 0.81 at even strength, according to War-on-Ice. In all situations, he's moved his Corsi For percentage to 50.56.

Since the injury to Edler last

month, Hutton has consistently logged more than 20 minutes of ice time per game. He hit 26 minutes versus San Jose last week.

There has been the odd glaring mistake, but those have been few and far between.

For a rookie NHL defenceman, you might presume Hut-

+ RECOGNITION

Prospect Boeser named to college all-rookie team

Canucks first-round pick Brock Boeser was named to the National Collegiate Hockey Conference's All-Rookie Team on Tuesday.

A freshman at the University of North Dakota, Boeser led the NCHC in scoring during conference play with 20 goals and 35 points in 24 games. Overall this season, Boeser leads North Dakota with 25 goals and 43 points in 34 games.

The Canucks drafted Boeser with the 23rd overall pick last June.

ton would be tentative to take a risk lest any error come back to bite him and his teammates. But he's stuck to his strengths, showing little hesitation to move the puck quickly up the ice or to join the rush knowing he has the speed and reach to recover.

His peers — veterans Ryan Miller, Jannik Hansen and Alex Burrows — each gave Hutton nines for the lip sync battle.

It's a good bet the coaching staff and management will give Hutton similarly good reviews for his play on the ice this season, too.

metro

Tell us how you really feel.

Join our online reader panel and help make your Metro even better. Text 'metro' to 236-237-1740



Surf Internet

Internet 5 Unlimited

\$19.99/month

Internet 15 Unlimited

\$29.99/month

Internet 30 Unlimited

\$39.99/month

Phone: Unlimited Long Distance US & Canada
\$5.95/month

Basic TV (33 Channels):
\$12.00/month

Installation charge: \$85.00
Modem: \$50.00

www.surfinternet.ca

Untapped MMA market in China

GLOBETROTTER

Life of fighting has taken Anderson around world

Canada's influence on mixed martial arts extends farther than former champion Georges St-Pierre or title contender Rory MacDonald.

Some 11,500 kilometres from their Montreal base is Chengdu, China. Known as the hometown of the panda bear, it is also the adopted home of Canadian Vaughn Anderson, a former fighter who is a talent scout and matchmaker in China for the Asian-based MMA promotion One Championship.

You need a globe to figure out the 37-year-old Anderson's life journey.

"I don't know if there's a box that I fit into," said Anderson.

The curve of interest in MMA in China is really coming along.

Talent scout
Vaughn Anderson

"And that's something I've just become comfortable accepting — that I'm not this or I'm not that."

Anderson is an MMA flag-bearer, travelling around China doing seminars, searching out fighters and helping them flesh out their martial art skills.

One Championship has already held four shows in China and plans another nine this year.

"The curve of interest in MMA in China is really coming along," said Anderson. "When I first began fighting in China, there was like five shows a year. And now just a few years later,

at times there's more than five shows in a weekend.

"But with the population as big as it is, that still is just a drop in the ocean."

He still has to explain what MMA is to some people, but says that too is changing. While the UFC, One Championship and local shows are televised, Anderson says most Chinese fans watch the sport via the Internet.

Born in Manila to Canadian parents of British descent, Anderson was five when he moved to Beijing with his family after his father left his job with the Asian Development Bank to become a Canadian diplomat.

About 18 months later, they moved back to Canada with Anderson living in Edmonton, Toronto, Ottawa and Barrie, Ont. He went on to study business management in Ottawa — which he calls his Canadian home. In 2001 he went to Taiwan and has been involved in martial arts since.

THE CANADIAN PRESS



NBA RAPTORS RALLY TO TOP NETS DeMar DeRozan scored 25 points while Kyle Lowry had 23 points and nine assists to lead the Toronto Raptors to a 104-99 victory over the Brooklyn Nets on Tuesday. RICK MADONIK/TORSTAR NEWS SERVICE

IN BRIEF

Sponsors ditch Sharapova

Maria Sharapova, the world's highest-earning female athlete for many years, was abandoned Tuesday by some of her biggest sponsors after the Russian tennis star acknowledged taking a recently banned substance for a decade.

Sportswear giant Nike, Swiss watch brand Tag Heuer and German luxury car company Porsche quickly distanced themselves from the five-time Grand Slam winner.

THE ASSOCIATED PRESS

Browns expected to cut troubled quarterback

Johnny Manziel's days with the Browns have dwindled to hours. The team is expected to release the troubled QB as early as Wednesday, when the NFL begins its new calendar year and free agency opens.

The Browns may wait to see if there is a team willing to give up a late conditional draft pick for Manziel. THE ASSOCIATED PRESS

Service Directory

To advertise call 604.602.1002

FINANCIAL



\$750 Loan and more

No credit check

Open 7 days from 8 to 8 (EST)

Call us or apply online

1-855-527-4368

www.credit700.ca

EMPLOYMENT

RGIS

An Equal Opportunity Employer



Join the Team That Counts. Apply Online **WWW.RGIS.COM**
Our recruiters will contact you to book an interview.

Inventory Counters Wanted

Opportunities we offer:

- Flexible schedules
- No experience necessary
- Paid training
- Higher wages for high performers
- Hourly career path program

TAX CREDITS

Hip or Knee Replacement?

The Disability Tax Credit allows for a
\$2,500 Yearly Tax Credit
\$20,000 Lump Sum Refund (on avg)

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

For Expert Help: **1-844-453-5372**



metr

Your Ad Here!

CALL 604.602.1002
FOR MORE INFORMATION

HEALTH AND WELLNESS

HANUMAN ASTROLOGER & PALM READER

Pandit: Durga Prasad
Expert in Palm and Face Reading,
Horoscope, Numerology, Vastu Shastra

I CAN TELL YOUR PAST, PRESENT & FUTURE
Marriage * Husband-Wife Problems * Job * Relationship * Kids Problems
Business * Spiritual Evil Effects * Enemy * Court * Property * Family etc.

SPECIALIST IN: BRINGING LOVED ONES BACK

IF YOU HAVE PROBLEMS I HAVE 100% GUARANTEED SOLUTIONS
Removes Black Magic, Jadoo, Voodoo, Butta, Witch Craft & Gives 100% Protection
100% PRIVATE & CONFIDENTIAL - OPEN 7 DAYS

778-238-8202 / 604-512-2304

6049 Fraser St., Vancouver / 128 St & 80 Ave., Surrey

SPIRITUALIST & PSYCHIC

Pandit: JAGADISH

100% GUARANTEE • ALL RELIGIONS WELCOMED

HE CAN HANDLE ANY PROBLEM

IF YOU ARE DISAPPOINTED OTHER FROM OTHER PSYCHICS & PANDITS, THEN MEET ME, GET PERMANENT SOLUTIONS

LOVE, MARRIAGE, BUSINESS, JOB, EDUCATION, FINANCIAL, SUCCESS, HEALTH, COURT CASE, DIVORCE, CHILDREN MISTAKE REMOVES BLACK MAGIC & GIVES 100% PROTECTION

604.377.7295 | 11875 - 82 AVE, DELTA
NEAR SUPERSTORE



INDIAN ASTROLOGER & PSYCHIC Pandit: YOGI

EXPERT PALM & FACE READING AND DATE OF BIRTH
TAKE RIGHT DECISION AT RIGHT TIME

NOBODY CAN BREAK MY PROTECTION
THIS IS MY CHALLENGE

POWERFUL & GOD GIFTED HEALER CAN HANDLE ANY
HEALTH, COURT, LOVE, CHILDREN, MISTAKE, MONEY, JOB, BUSINESS, EDUCATION,
DEPRESSION, ENEMY, JEALOUSY, SEXUAL HEALTH, PERSONAL MATTER, MARRIAGE, ETC.
REMOVES BLACK MAGIC, JADOO, VODOO, WITCHCRAFT, OBEYS, EVIL SPIRITS & PROVIDES LIFELONG PROTECTION

778.707.3599 | 9278 120 SCOTT ROAD
SURREY BC • 9AM TO 8PM



RECIPE Fresh Tomato Spaghetti



PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This is one of those too-good-to-be-true recipes. It's just a few ingredients and a very small time commitment and yet you'll create a delicious, satisfying dinner.

Ready in
Prep time: 5 minutes
Total time: 15 minutes
Serves 4

- Ingredients**
- 1/4 cup olive oil
 - 2 cloves garlic, minced
 - 500 g package of whole-wheat spaghetti
 - 3 Tbsp red wine vinegar
 - 2 cups fresh tomatoes, washed and chopped
 - 1 head of arugula, washed and rough chopped
 - Salt and pepper to taste

Directions

1. Put a big pot of well salted water on to boil.
2. In a sauté pan, bring the olive

oil to low-medium heat.
3. Add minced garlic and allow to cook but not brown. You're just taking the bite out of it so it's only going to take a couple of minutes. Take the pan off the heat.
4. Cook pasta according to package instructions. Scoop out a cup of water from the pot before draining (this is a good habit to get into, btw). The starchy water is a great way to loosen up a too-thick sauce, plus it adds a certain slickness to your pastas.
5. Drain your noodles well before tossing them back in the pot. Add the garlic-infused oil and vinegar and toss well until all of the spaghetti is well coated. Now add your tomatoes and toss again. Pour in your cooking liquid, bit by bit, until your sauce is the desired consistency (you may not need much).
6. Throw in the arugula and give it another good mix so there are pieces of green throughout. Taste before adding a bit of salt and pepper.

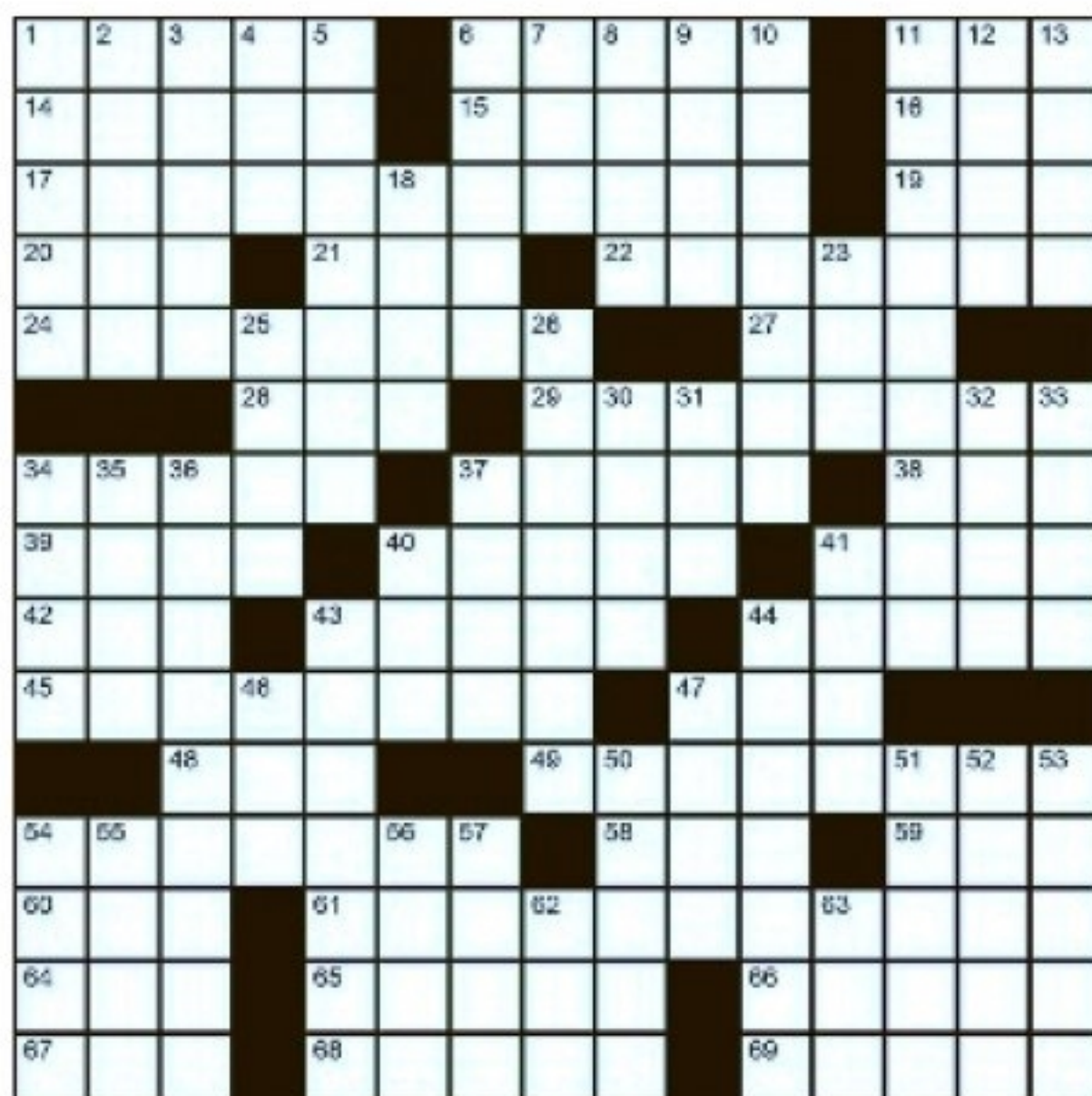
FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Reprimand
6. Calm
11. Sched. time not yet figured out
14. Electroshock-er
15. "A Passage to ..." (1984)
16. Ingrid Bergman's actress/model daughter ...her initials-shares
17. Archaeologist's major discovery in Egypt: 2 wds.
19. Miracle-__ (Plant food brand)
20. U.S. health-related agcy.
21. Lamb of God, Agnus __
22. Stand for one addressing an audience
24. Draw a __ conclusion
27. Canadian hockey great's three-lettered surname
28. Barbie and __
29. Was off target
34. Items in Dracula's closet
37. Spotted cat-like mammal
38. Vegetarian variety, with Lacto-
39. Repented
40. Sacred choral piece
41. Take __ face value
42. Piece of food
43. Classifies
44. St. __ Newfoundland
45. Ontario: Canadian __ Heritage Museum, in Mount Hope near Hamilton ...more



- at #11-Down
47. Got a glimpse
48. "...__quit!" (Employee's ultimatum)
49. Striking/breath-taking
54. Material for Canada's bank notes
58. Apple pie __ mode

59. Prefix to 'thermal'
60. "... Got a Feeling" by The Beatles
61. French for 'potato chips'
64. Ancient war god
65. Overthrow
66. Army academy attendee

67. Nav. rank
68. Miniscule
69. "Heaven" singer Bryan

DOWN

1. Personnel
2. __ attitude (It's possible!)
3. Muppet-in-a-can

4. Hawaiian vacationer's gift
5. River excavators
6. '60s-style protest
7. It'll make a blast
8. Kelly Clarkson was the first in 2002
9. Green hue
10. Scientist's work outfit: 2 wds.

11. One of #45-Across' vintage aircrafts, de Havilland __
12. Cold temps experimenter's reaction!
13. Bit of "Danny's Song": "...think I'm gonna have __"
18. Inert gas
23. Three
25. __ out a living (Survived)
26. Gave off
30. St. __ (Facial scrub brand)
31. Unit of play for Milos Raonic
32. "... Almighty" (2007)
33. i i i toppers
34. Boast
35. Mystique
36. Resource in Alberta
37. Succotash stuff
40. New Zealand bird, once
41. Dubuque's locale
43. __-__ jeans
44. Island country where Kingston is the capital
46. Jimmy
47. Fries flavourer
50. Hoarse
51. British actress Ms. Swinton
52. "Hmmm, __ to remember..."
53. Tolls
54. Sandwich orderer's preference to bread
55. Metamorphoses poet
56. Celtic language
57. Casanova
62. Hallway art piece
63. Chap

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You may be dreading what is round the corner but there is no reason to worry — what you fear is mainly in your mind. Put your imagination to good use and do something creative that could also make you money.

Taurus April 21 - May 21
You need to be with people who share your outlook on life, especially if it seems that others are plotting against you. Ally yourself with those whose principles are in line with your own. There's safety in numbers.

Gemini May 22 - June 21
You'll get the chance to show your leadership qualities today and people will be impressed. You have everything it takes to reach the top.

Cancer June 22 - July 23
A solar eclipse in Pisces marks the start of a more productive phase but to make the most of it you have got to think clearly. For the next few days you must focus only on facts.

Leo July 24 - Aug. 23
Money matters have been concerning but what happens today will ease your fears. If you stay calm and think logically there's nothing that can harm you, at least not financially.

Virgo Aug. 24 - Sept. 23
Something you say today is likely to rub certain people the wrong way. Expect some kind of backlash. Most likely they will withdraw their assistance but that's OK, you are quite capable on your own.

Libra Sept. 24 - Oct. 23
You're having second thoughts about something that previously you were keen on. Don't make any sudden changes. Wait until Friday's Mercury-Neptune link has passed.

Scorpio Oct. 24 - Nov. 22
You rarely sell yourself short and today will be no exception. With a solar eclipse in your fellow Water sign of Pisces you honestly believe you can take on the world and win.

Sagittarius Nov. 23 - Dec. 21
Why does no one seem to be taking your advice? Because they want you to mind your own business! Take the hint and back off a bit. If your advice is as good as you think it is you'll get the chance to give it again later on.

Capricorn Dec. 22 - Jan. 20
You need to get out and about more and today's solar eclipse will provide you with endless opportunities. Don't worry if people complain that you are being irresponsible. Living well is the best revenge.

Aquarius Jan. 21 - Feb. 19
You'll discover a new source of income just as you were beginning to think you might have to sell something to make ends meet. You're not as poor as you seem to think you are.

Pisces Feb. 20 - March 20
Today's solar eclipse in your sign makes you feel good about yourself and about the future. Ignore the nagging doubt in the back of your mind that you don't deserve it.

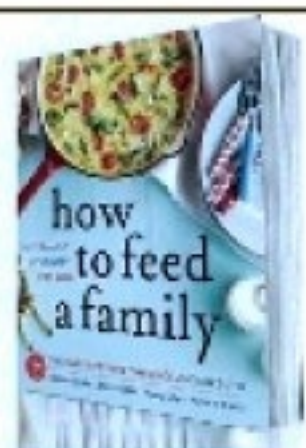
CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	6	8	4					
7				3	5	2		
	2	4						
1			2	6	8			4
						5	9	
		9	5	4				1
					7	3	6	

As Seen In Metro!
Shop **The Sweet Potato Chronicles** Cookbook

mymetrostore.ca
shop your city



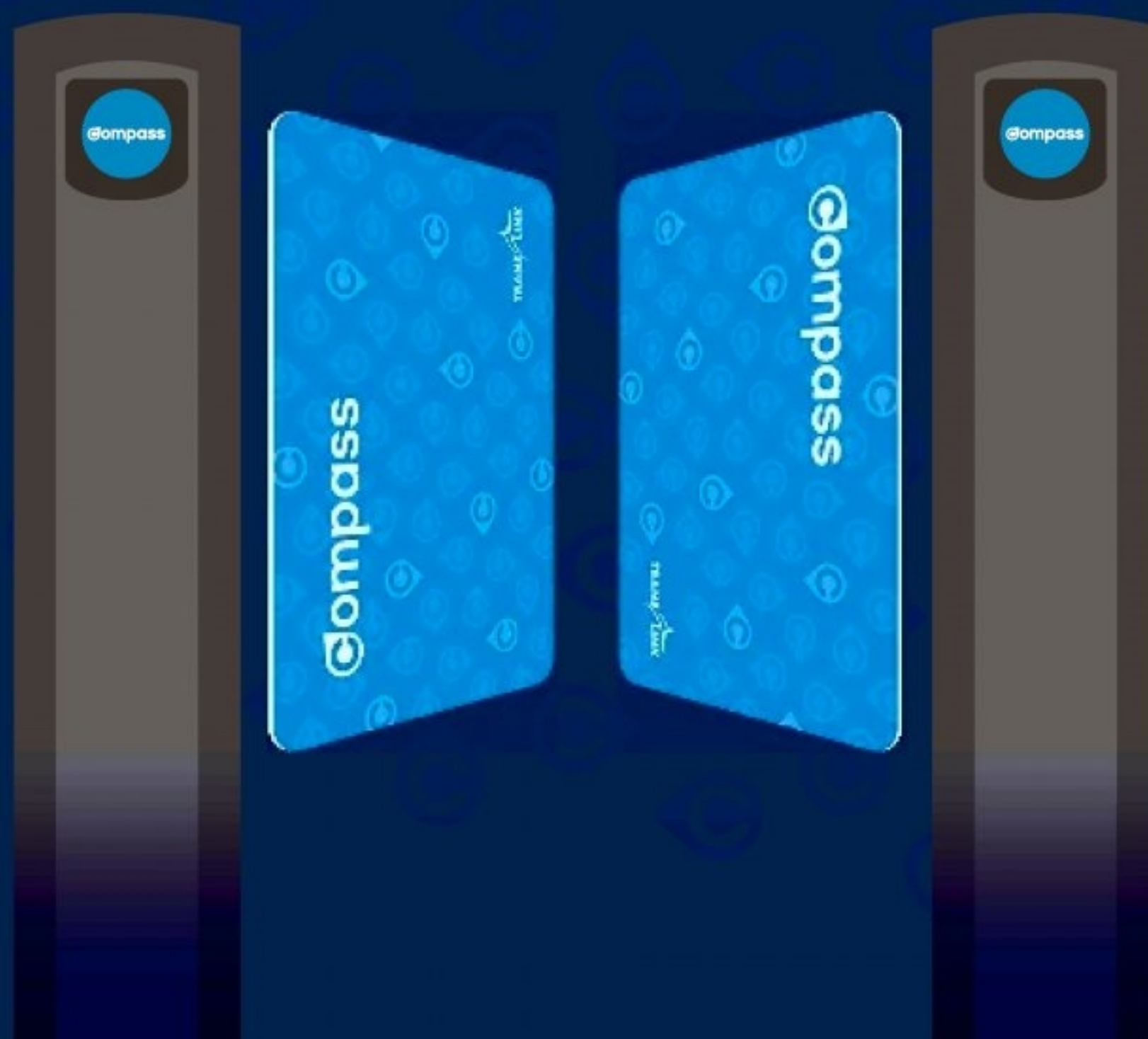
YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to
metronews.ca/games

1	4	8	2	3	9	5	7	6
5	9	6	4	1	7	3	2	8
3	2	7	5	8	6	4	1	9
8	5	3	7	9	1	2	6	4
6	1	4	8	5	2	7	9	3
2	7	9	3	6	4	1	8	5
7	8	5	6	2	3	9	4	1
4	3	1	9	7	8	6	5	2
9	6	2	1	4	5	8	3	7

Starting April 4, we're closing all fare gates.



Compass is your key.

Cash, bus transfers and FareSavers can still be used on buses, but you'll need Compass when transferring to SkyTrain or SeaBus. With Compass, travel and transfer across the TransLink network and always pay the lowest fare.

Learn more at translink.ca/compasscard or call 604.398.2042.



Load. Tap. Ride.

